



A person is silhouetted against a bright horizon, standing on a dark mountain ridge. The background consists of multiple layers of blue-toned mountain ranges, creating a sense of depth. The sky is dark blue with numerous white streaks representing stars or rain, suggesting a night scene.

Grace in Discouragement

Find wisdom & renewal from Elijah's lowest moment.



Retreat & ① Collapse



*“It is enough ...
take away my life”*

— 1 Kings 19:4



Retreat & ① Collapse

Eat & Sleep

2



*“Arise and eat,
for the journey is too great”*

— 1 Kings 19:7

Eat & Sleep

2

The background features a dark blue gradient with faint, layered mountain silhouettes. A white dotted line curves from the top left towards the bottom right, passing through several solid blue dots of varying sizes. The title text is centered in the middle of the image.

Lament & Quiet

3



*“After the fire, the
sound of a low whisper”*

— 1 Kings 19:12

The background features a dark blue gradient with faint, layered mountain silhouettes. A white dotted line curves from the top left towards the bottom right, passing through several solid blue dots. One of these dots is a larger circle containing the number 3.

Lament & Quiet

3



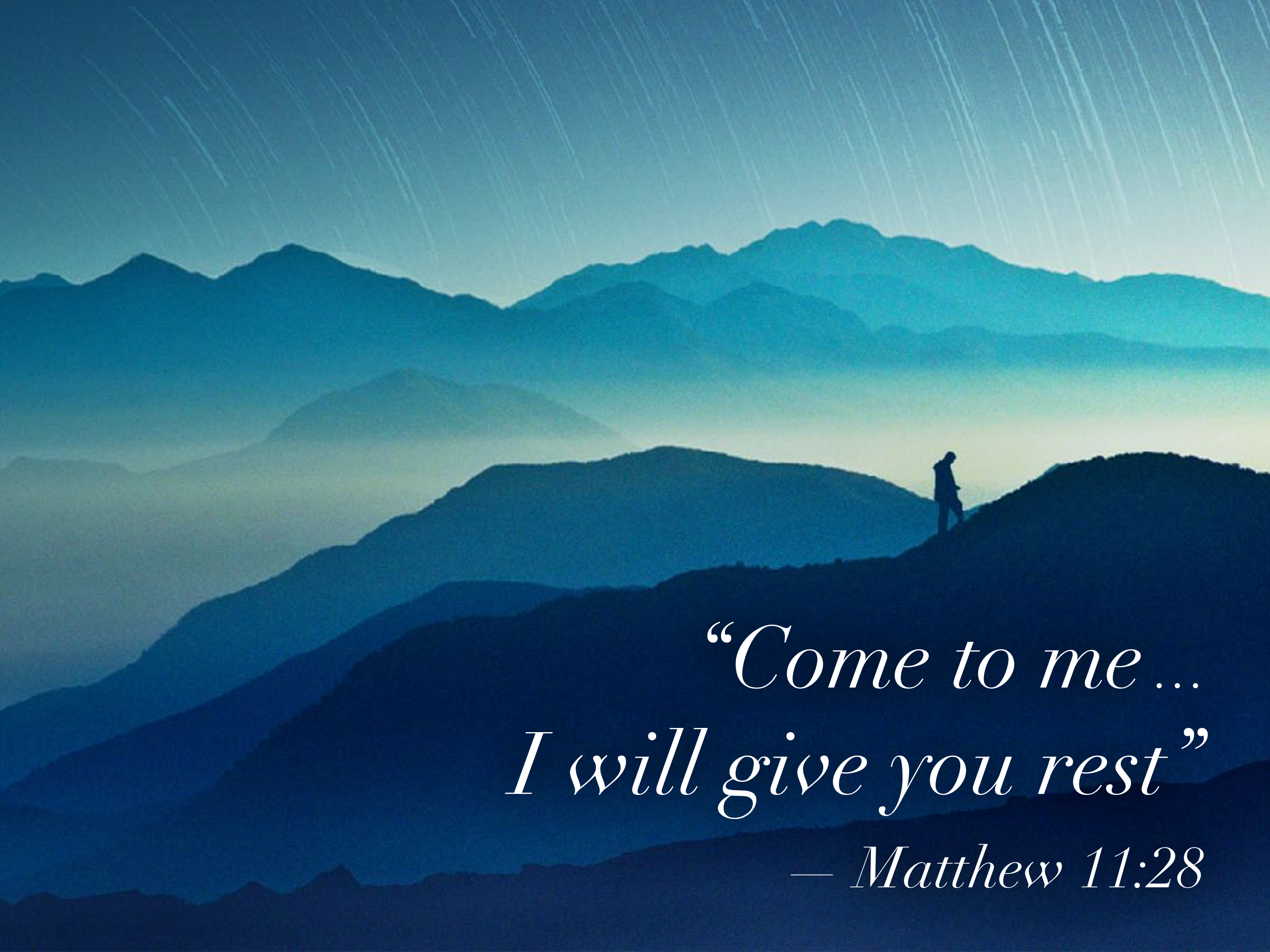
Return & Serve

4

The background image shows two figures from behind, walking away into a misty, sunlit forest. The figure on the left is taller and carries a long staff. Both are wearing heavy, dark robes. The scene is bathed in a warm, golden light, creating a sense of solitude and journey.

*“You are not alone—
7,000 still stand.”*

— 1 Kings 19:18

A person is silhouetted against a bright horizon, standing on a dark mountain ridge. The background consists of several layers of misty, blue-toned mountain ranges. The sky is dark blue with numerous white, diagonal streaks representing stars or rain. The overall mood is serene and contemplative.

*“Come to me ...
I will give you rest”*

— Matthew 11:28

